

Eagle View Adult Center

November & December 2014



Upcoming Special Events:

Craft Fair & Bake Sale
Sat. Nov 1

Turkey Bingo
Thurs. Nov 20

All That Glitters Dinner
Wed. Dec 3

Class & Event Registration begins Fri. Oct 31

Trip Registration begins Mon. Nov 3

See pages 2 & 15 for details

1150 Prairie Center Parkway, Brighton, CO 80601

303-655-2075

www.brightonco.gov

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Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 303-655-2075

Location: 1150 Prairie Center Parkway
Brighton, CO 80601

Eagle View Center Staff

Sue Corbett - Director

Donna Singer - Program Coordinator

Ermie Marquez - Information & Referral

Gayle Martinez - Administrative Assistant

Becky Eichen - Front Desk Receptionist

Audrianna Diaz - Meal Site Coordinator

Lucy Castro - Custodial Staff

Debbie DenBleyker - VNA Nurse

On The Cover

The Craft Fair is a fund raising event that benefits our center. We'll have 57 crafters and lots of baked goods. Sat. Nov 1 8 am - 3 pm.

VOA Lunch

A hot, nutritious lunch is provided by Volunteers of America, **Monday - Thursday**. Lunch is served at 11:30 a.m. Reserve your meal **2 working days in advance** by calling Audri at 303-655-2271 during her working hours (Mon - Thurs, 10 a.m. - 1 p.m.)

Daily meal donations are appreciated.

\$2.50 Donation per meal if age 60+

\$7.25 Mandatory charge if under 60

REGISTRATION PROCEDURE

- **CLASSES AND HAPPENINGS**
REGISTRATION begins on Fri. Oct 31 at 8:00 a.m. You can register for yourself and one other person. Cash or checks only, no credit cards accepted. **No trip registration.**
- **TRIP REGISTRATION starts Mon. Nov 3 and is held as a LOTTERY.** To be in the first round of trip registration, arrive between **8:15 - 8:30 a.m.** to pick a number. The numbers are drawn in random order, so there is no advantage to arriving early. **Breakfast refreshments provided by Humana.**
- **Registration begins at 8:30 a.m.** for people with lottery numbers. During this time, you can **register for yourself and only one other person.** You may also register for classes and happenings at this time. No credit cards.
- When lottery registration is over (approximately 10:30 a.m.), we will re-open registration on a first-come, first-served basis.
- **After Nov 3,** register for all activities at the front desk during business hours.
- Registration is taken until the deadline date listed for each activity OR until all spaces have been filled. Don't wait - activities fill fast!

Senior Wellness Clinic

The Senior Wellness Clinic focuses on health promotion and disease prevention for adults 55+. Operated by Visiting Nurses Association (VNA), services include foot care, health screenings, and blood pressure checks. Appointments required - call 303-655-2075. Foot care fee is \$25, due at the time of service. Reduced fees available. Foot care is Kaiser covered with pre-approval.

Clinic hours: 9:00 a.m. - 3:00 p.m.

Thursdays: Nov 6, 13, 20 Dec 4, 11, 18

Fridays: Nov 21, Dec 19

Eagle View Adult Center will be CLOSED

Nov 11, 27, 28

Dec 24, 25

Continuous Drop-in Activities

3

Cards, Cards, Cards!

Meet friends for an afternoon of fun. New players are welcome. Questions? Call the volunteer.

Hand and Foot

1:15 - 3:30 p.m.
Mondays
Room: Hawk/Heron
Linda Smith 303-659-1888

UNO

10:00 - 11:30 a.m.
Tuesdays
No UNO: Nov 11

Pinochle Pals

12:30 - 3:30 p.m.
Tuesdays
Room: Hawk/Heron
Sandy 303-288-1489
Chama 720-244-6216
No cards: Nov 11

Cribbage

12:30 - 3:30 p.m.
Wednesdays
Room: Falcon
Chuck 720-685-3369
No cards: Dec 24

Bridge

12:30 - 3:30 p.m.
Fridays
Room: Hawk/Heron
Annette 303-659-9714
No cards: Nov 28

Pitch

12:30 - 3:30 p.m.
Fridays
Room: Falcon
Shirley 720-685-3369
No cards: Nov 28

Barbara and Olly volunteer with
our lunch program.
Why don't you come and try a
VOA Lunch? You will like it!



Bingo

No fee - just fun! Prizes vary from bakery goods to "white elephant" gifts. Immediately following VOA lunch. Please drop off bingo donations at the front desk. Closed Nov 27 & Dec 25.
12:00 - 12:45 p.m.
Mondays & Thursdays

Computers Available

Computers with free internet are available when the Falcon Room is not occupied. See front desk to use the free Wi-Fi.

Knit & Crochet Drop-in

Drop-in to knit or crochet. No instructors, but friendly help available. Closed Nov 27 & Dec 25.
9:00 - 10:30 a.m.
Thursdays
25¢ per week
Copies cost 10¢ per page

Police Time

Officer Sharon Wazny is here to answer questions about safety or police issues.
11:30 a.m. - 12:30 p.m.
Tuesdays

Ladies Billiards

Ladies, drop-in for some "women only" billiards. No men please.
1:00 - 4:00 p.m.
Mondays
25¢ per day

Wii Bowling

With the TV and Wii, you can "bowl" from a chair or standing. If you can swing your arm, you can Wii bowl in our lobby. Closed Dec 25.
10:00 - 11:30 a.m.
Wednesdays

Mexican Train Dominos

This is an easy game to learn - it's regular dominos with a fun twist. Closed Dec 25.
12:30 - 3:30 p.m.
Wednesdays

Scrabble

Play Scrabble with others who love the game. Closed Dec 25.
1:00 - 3:30 p.m.
Wednesdays

Lending Library

Borrow books from the library for free. Do NOT re-shelve books our great volunteer librarians do that for us. **MOST of our Large Print Books are MISSING. Please return large print books when done; these books are in big demand.**

Massage

Massage therapist, Bonita Rose, provides massage services. Call 303-655-2075 for appointment. Pay her at the time of service.

9:15 a.m. - 11:30 p.m.

Wednesdays

½ hour - \$26

1 hour - \$41

Lunch Tues & Wed

Thanks to the generosity of the Senior Advisory Board, you are eligible to win a \$10 gift card when you come to VOA lunch on Tuesdays or Wednesdays. Bring a friend and put your name in twice!!

Donate Baked Goods

We need home-made baked goods for our craft fair! All proceeds benefit our center. Bring in donated items during business hours on Fri. Oct 31 or Sat. Nov 1, before noon. Both whole cakes/pies and items "packaged" in smaller quantities are a hit. Please label your items and list special ingredients such as... "Oatmeal Cookies - contain nuts."

Craft Fair

Crafts Galore! Eagle View has one of the best craft fairs in town! Shop for unique holiday gifts made by local artisans. Homemade breakfast burritos and chili are for sale throughout the day. Buy a sweet treat at the best bake sale in town! Food sales benefit Eagle View.

8:00 a.m. – 3:00 p.m.

Sat. Nov 1

Coats for Others

Can you imagine not having a coat to keep you warm? You probably have at least one in your closet you don't need. Donate them to Kiwanis by placing in the big red box near the front desk in November. Coat need to be clean and pockets emptied.

Neckties

The folks who make quilts for the homeless are in need of old neckties to secure the quilts once they are rolled up. Drop off the neckties during the month of November.

Blood Pressure Testing

Firefighters from the Brighton Fire Dept. will be here to perform free blood pressure checks. Stop by!

10:30 – 11:30 a.m.

Mon. Nov 3

Thurs. Nov 13

Celebrate America

3rd Graders from North Elementary



will be here to present their program in honor of Veterans Day. There's nothing like children to make your day special. If you want to stay for lunch, call Audri at 303-655-2271 by Thurs. Nov 13.

10:30 a.m.

Mon. Nov 10

**Registration
for Nov & Dec
Happenings
begins on Fri. Oct 31**

Grief Support

Holidays are sometimes hard to get through. Join us for open discussion and suggestions to manage stress through the holiday season. For more information, call Halcyon Bereavement Support at 720-325-2987 or email Diane at deberle@halcyonhospice.org.

1:00 – 2:00 p.m.

Mon. Nov 10

Friday Feast

You are in for some fun! We're serving hot dogs, chili and cobbler from Inglenook. *Wisdom Gone Wild*, a kitchen band from Lakewood will entertain. Their goal... get you to laugh!!!

12:00 noon

Fri. Nov 14

\$4

Deadline: Wed. Nov 12

Medicare Saving Plans & the Low Income Subsidy

There is a benefit available to low income individuals to help them pay for Medicare Part B and prescription coverage. You may qualify if you make under \$1333 monthly for individual or \$1790 for couple. Learn more at this free informational program.

Pre-registration is required.

10:30 a.m.

Wed. Nov 12

Deadline: Fri. Nov 7

Medicare Counseling

If you need help with Medicare issues you can receive one-on-one assistance from a SHIP counselor who is specially trained on Medicare insurance programs. Call Ernie at 303-655-2079 to make an appointment. Adams County residents with general questions about Medicare can also call Centura Health Links at 720-321-8850.

12:00 – 3:30 p.m.

Wed. Nov 12

Tues. Nov 25

Caregivers Support

“Compassion Fatigue: When it Hurts to Care”

As caregivers, we witness the suffering of others – physical, emotional and spiritual. Compassionate people bear the suffering of others and often times compromise their own health and well being when they assume too much of the burden. We must always be aware of where we end and the other person begins – the importance of boundaries. We can companion others in life, but we cannot assume the responsibility for another's life. Jane W. Barton, author of *Caregiving for the GENIUS* will be the speaker. Free program, but you must register.

10:00 – 11:30 a.m.

Thurs. Nov 13

Deadline: Mon. Nov 11

Turkey Bingo

Play bingo to win a turkey, ham, or other Thanksgiving dinner food items. Thanks to Mike D'Epagnier of Mutual Asset Corporation for his financial sponsorship of this event for the past 15 years!!



VOA Thanksgiving

Enjoy a special Thanksgiving meal of turkey and all the fixings! It's a VOA tradition and it always fills up fast.

RESERVATIONS ARE A MUST! Call Audri at 303-655-2271. There is always a wait list so please call if you must cancel.

11:15 a.m.

Thurs. Nov 20

\$2.50 donation

\$7.25 for those under 60

Bunco

Bunco is an easy and fun game of dice. We can teach you the game in 5 minutes if you don't know how to play. Enjoy an afternoon of laughter, food, and prizes.

1:15 – 3:45 p.m.

Thurs. Nov 13

\$4

Deadline: Mon. Nov 10

Readers Theatre Performance

Want to have some fun? Join us as we watch the monthly skit presented by Eagle View's group.

11:00 a.m.

Mon. Nov 24

Low Vision Group

The Low Vision Group is a free drop-in program for seniors 55 + with visual impairments. Call Melanie at 720-308-7705 for more information.

1:00 – 2:00 p.m.

Mon. Nov 24

Cribbage Tournament

Our monthly Cribbage tournament includes prize winnings, refreshments, and lots of laughs. No registration, just drop-in and pay the tournament volunteer.

12:30 p.m.

Wed. Nov 26

\$4

Gift Certificates Available!

Be sure to put a gift certificate to the Eagle View Adult Center on your Christmas list. Activity or meal certificates in any amount are available. See staff for details.

**Registration for
Nov & Dec Happenings
begins on Fri. Oct 31**

“All That Glitters”

Holiday Dinner

Tradition... we love tradition!! A special evening of singing, laughing and of course, eating! Come at 4 p.m. for appetizers and a sing-along led by Brighton High School teachers and have your photo taken with Santa and Mrs. Claus. At 5:00 p.m. settle down for a ham dinner. After dinner, the CU Buffoons, one of the premier college a cappella men's groups, will perform. This will be an evening we'll talk about for days and a great way to kick-off your holiday season.

4:00 p.m.

Wed. Dec 3

\$6

Deadline: Mon. Dec 1

**Conversations about
Dementia**

With the holidays approaching, you may be seeing your older relatives and realizing they need assistance. This class offers tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving, and making legal and financial plans. It will be led by Karen Moravek from the Alzheimer's Association.

6:00 p.m.

Thurs. Dec 4

Deadline: Tues. Dec 2

**Top 10 Mistakes People
Make When Dying**

Come and earn the *Top 10 Mistakes* people make when preparing for their eventual death. Dolan and Assoc. will share easily avoided mistakes that would have made their transition better for their families.

1:30 p.m.

Wed. Dec 10

Deadline: Mon. Dec 8

Caregivers Support

Are you taking care of a loved one? Learn helpful caregiving tips, gain insight from other caregivers, and more. Find out about free or low cost resources to help you.

Facilitator: Mary Thatcher,
Senior Hub (303-426-4408) .

10:00 – 11:30 a.m.

Thurs. Dec 11

Friday Feast

You are in for some fun today! We're serving cheese potato soup, a sandwich and cookies from Sterling House. *The Crooners*, a singing group from Heritage Todd Creek will entertain.

12:00 noon

Fri. Dec 12

\$4

Deadline: Wed. Dec 10

Friday Potluck

It's the day after Christmas and that is reason enough for a potluck!! Bring a place setting and a favorite dish to share.

11:30 a.m.

Fri. Dec 26



Santa and Anna Herrera

VOA Holiday Lunch

Mr. & Mrs. Claus will be here for holiday photos at 10:30 a.m. There is limited seating available. We will start taking reservations on Nov. 24. Pay the day of the luncheon.

10:30 a.m. for photos

11:15 a.m. for lunch

Thurs. Dec 18

\$2.50 donation

\$7.25 for those under 60

**Descriptions for these
are found on Pages 4 & 5**

Blood Pressure Screening

Mon. Dec 1 & Thurs. Dec 11

10:30 – 11:30 a.m.

Grief Support Group

Mon. Dec 8 1:00 p.m.

Medicare Counseling

Tues. Dec 9

12:00 – 3:30 p.m.

Bunco

Thurs. Dec 11 1:15 p.m.

Low Vision Group

Mon. Dec 22 1:00 p.m.

Readers Theatre Perform

Mon. Dec 29 11:00 a.m.

Cribbage Tournament

Wed. Dec 31 12:30 p.m.

**Registration for Trips
begins on Mon. Nov 3
See Page 2 for details.**

Moon Dreams

The ever popular CU Jazz Band will be performing "Moon Dreams" – music about the moon. How many can you think of without Googling the answer? Moonlight Serenade? Moon River? They are sure to play a favorite of yours. Stop at the Cheeky Monk in Westminster for a quick meal before the show.



4:00 p.m.
Wed. Nov 5
\$10 (plus meal \$10+)
Deadline: Tues. Nov 4

RiNo Epicurean Market

The RiNo Epicurean Market, located at the Chocolate Crisis Center, features over a dozen local food artisans and gift vendors providing samples of their products (chocolate, cheese, jams, etc.) and offering special deals for the holidays. Attendees enjoy delicious samples, chocolate therapy, music and complimentary wine tasting. A great opportunity to pick up unique Colorado gifts or high quality ingredients for your inner chef. RiNo is the name of the River North neighborhood turned art district (I-70 & Washington).

4:15 p.m.
Fri. Nov 7
\$4 (no meal)
Deadline: Wed. Nov 5

101st U.S. Army Band

The 101st Army Band's Concert Ensemble returns for their third annual salute to Veteran's Day in Greeley. The ensemble performs symphonic concerts consisting of classical music and marches, as well as playing a salute to veterans at every performance. The band consists of 40 citizen-soldiers who perform together part-time, while maintaining their duties as soldiers. This was advertised in October, we were able to secure 8 additional seats in the second level.

12:30 p.m.
Sun. Nov 9
\$4 (no meal)
Deadline: Thurs. Nov 6



Bowling for Fun at Coal Creek

Our fun loving bowlers are going to their favorite place - Coal Creek Lanes in Lafayette. If you like to bowl but have no time for a league, then this trip is for you! Two hours of "just for fun" bowling with the group. Shoe rental is included. After bowling we will eat at the Pantry Shoppe Bistro.

9:15 a.m.
Wed. Nov 12
\$13 (plus meal \$8+)
Deadline: Mon. Nov 10

Century Gambling

We are going to SENIOR DAY and FREE BINGO on THURSDAY at the Century Casino in Central City. Seniors receive half price meals and double points. Reach 100 points to also receive a \$5 food credit and \$5 in cash. Pick up a FREE Bingo card at the Player's Club one hour before each game for a chance to win the \$100 prize (put on your player's card.) One bingo game is played hourly starting at 11:00 a.m.

8:45 a.m.
Thurs. Nov 13
\$15
Deadline: Fri. Nov 7

Weather Cancellations

In case of bad weather, the decision to cancel a trip will be made by the staff and/or van driver(s). Since Colorado weather changes so rapidly, we will usually not make this decision until 1-3 hours before a trip.

When EVAC cancels a trip you will be notified by phone and will receive a full refund for the event. Events will not be rescheduled.

Please note: **If you decide to cancel BEFORE a decision is made by EVAC** normal cancellation policies apply. See page 15.

Miracle on 34th Street**By Request**

Candlelight Dinner Playhouse in Johnstown presents this musical adaptation of the popular holiday favorite *Miracle on 34th Street*. A white-bearded gentleman claiming to be the real Santa Claus brings about a genuine miracle. He spreads love throughout New York City, fosters camaraderie between Macy's and Gimbel's department stores, and convinces a divorced, cynical single mother, her somber daughter, and the entire state of New York that Santa Claus is no myth. Price includes dinner, non-alcoholic beverage, tip, tax, show, and van ride. We must have 20 people to get the group rate so tell your friends.

11:30 a.m.

Sun. Nov 16

\$59 (meal included)

Deadline: Thurs. Nov 6

Mexico

This travel film at the Northglenn



Recreation Center transports you to a part of Mexico seldom seen by outsiders. The filmmaker utilized a single engine airplane and a sleeping bag for much of his travels through the Sierra Madre Mountains of northwest Mexico. The grandeur, mystery and spectacular beauty of the landscape make up for its inaccessibility. Lunch after at

La Fogata - authentic Mexican food that is always made fresh.

9:30 a.m.

Wed. Nov 19

\$10 (plus meal \$8+)

Deadline: Thurs. Nov 6

Boulder Bassoon Quartet

The Friday Afternoon Concert at the Longmont Senior Center presents The Boulder Bassoon Quartet. The Quartet plays everything from the Beatles to Bach, jazz to pop, and have impressed audiences since 2006. Each member attended the University of Colorado College of Music and they perform regularly with major professional ensembles such as the Colorado Music Festival, Colorado Ballet and Boulder Chamber Orchestra. Lunch before at the Pumphouse Brewery. Please note: group will be seated upstairs at the Pumphouse (no elevator.) Some seating downstairs for those unable to do steps.

11:45 a.m.

Fri. Nov 21

\$12 (plus meal \$8+)

Deadline: Thurs. Nov 13

Anne of Green Gables

A new musical lovingly based on Lucy Maud Montgomery's timeless classic *Anne of Green Gables* brings the comical adventures of the spunky red-head orphan, Anne Shirley, to life. With her spirit and imagination, watch Anne win

over her new family and the rest of Prince Edward Island in this heartwarming story about love, family and home. Presented by the Northglenn Youth Theatre at the Don Parsons Theater in Northglenn. No meal with this show.

1:00 p.m.

Sun. Nov 23

\$8 (no meal)

Deadline: Fri. Nov 14

Immigrants: Building**Denver - Trip #1****By Request**

Immigrants from all over the world have made significant marks on the city, giving it some of its most noted buildings and richest flavors. Once segregated from the rest of the city, many have since integrated into the tapestry of Denver while others remain distinct. Come hear the tales of triumph, conflict, racism, redemption and more. Presented by Denver History Tours, this five-hour van tour highlights the remarkable contributions of many of our ancestors. (Tour includes a one-hour break for lunch). Only one van per trip – see December Trips for second trip offering.

9:15 a.m.

Tues. Nov 25

\$26 (plus meal \$12+)

Deadline: Fri. Nov 21

**Please arrive at EVAC
AT LEAST 15 MINUTES
before the trip's listed leave
time so we can leave early in
the event of snowy roads.**

**Registration for ALL Trips
begins on Mon. Nov 3
See Page 2 for details.**

Rocky Mountain PBS

Take a one-hour tour of Rocky Mountain PBS and learn how the station functions, decides programming, and more. Bring a gently used or new children's book (ages 6 m - 5 yr) as a donation to the *Reach Out and Read Program*. We will eat lunch at Le Central (French).

9:15 a.m.

Thurs. Dec 4

\$6 (plus meal \$10+ and a children's book)

Deadline: Tue. Nov 25

Georgetown Christmas

By Request

Georgetown transforms into a bustling Christmas scene reminiscent of long ago. Come to this beautiful mountain town and experience a traditional holiday where Christmas hasn't changed in 100 years: roasted chestnuts, holiday shopping, and horse-drawn wagon rides. See St. Nicholas in his traditional dress and the daily procession of the Santa Lucia, as well as carolers in Victorian costume, dancers, and other family entertainment. The Community Center will be open as a warming station.

9:15 am

Sat. Dec 6

\$7 (plus food \$)

Deadline: Wed. Dec 3



Immigrants: Building Denver - Trip #2

By Request

Denver History Van Tour.

See write-up on page 8.

9:15 a.m.

Mon. Dec 8

\$26 (plus meal \$12+)

Deadline: Thurs. Dec 4

Mardi Gras Gambling

Let us do the driving and try your luck at the Mardi Gras Casino in Black Hawk. Bring your players card for a \$10 food credit. Register early!

8:45 a.m.

Tues. Dec 9

\$15

Deadline: Thurs. Dec 4
by noon

Jersey Boys

Jersey Boys is the Tony and Grammy Award-winning musical about Frankie Valli and the Four Seasons: This is the story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote songs, invented their own sounds, and sold 175 million records worldwide – all before they were 30! *Jersey Boys* at the Denver Buell Theatre features hit songs like “Sherry,” “Big Girls Don’t Cry,” “Oh What a Night,” and “Can’t Take My Eyes Off of You.” This show is a hit!

12:30 p.m.

Thur. Dec 11

\$47 (no meal)

Deadline: Mon. Nov 10

Arias and Sleighbells

Whether you are a fan of opera or never attended one you are sure to enjoy this captivating holiday music matinee performed by the premiere vocal ensemble, SUMMIT. Their voices are amazing! "Arias and Sleighbells" will feature selections from operettas and operas as well as seasonal music that is sure to wrap up the show in a big holiday bow. Show held at the Longmont Senior Center and includes an art display. Option: Come to EVAC early for lunch and a bit of music at our Friday Feast for \$4. (See page 6 - advance reservations required.)

1:15 p.m.

Fri. Dec 12

\$12 (no meal on trip)

Deadline: Thurs. Dec 4

Zoo Wildlights

By Request

Light up your holiday spirit on an illuminated safari of the Denver Zoo.

See over 38 acres of lights and 150 animated animal sculptures. Enjoy holiday music and delicious treats at warming stations throughout the zoo. Dress warm and wear good walking shoes/boots! Early dinner at Dave's BBQ before the trip.

2:45 p.m.

Tues. Dec 16

Fee: \$14 (plus meal \$8+)

Deadline: Thurs. Dec 11



Home for the Holidays

"Home for the Holidays" is a holiday tradition that sells out annually at the Lone Tree Arts Center. Enjoy an afternoon of Christmas songs old and new, focusing on singers and musicians bringing warmth to your holidays. Lunch before at the Via Baci Italian Bistro.

10:15 a.m.

Thurs. Dec 18

\$40 (plus meal \$10+)

Deadline: Tues. Dec 2

Inspecting Carol

A man who asks to audition at a small theatre is mistaken for a National Endowment for the Arts informer. Everyone caters to the bewildered wannabe actor and he is given a role in *The Christmas Carol*. Everything goes wrong and hilarity is piled upon hilarity. A fun time at the Northglenn Recreation Center Theater! Dinner after at the Longhorn Steakhouse (steaks \$20+, sandwiches \$10+).

1:15 pm

Sun. Dec 21

\$14 (plus meal \$10+)

Deadline: Fri. Dec 5

Conjure Magic

"Conjure Magic, Illusion and Comedy" will provide you with some after Christmas magic! Conjure is an off-beat magical romance with the charm of Penn and Teller, the spectacle of David Copperfield, gut-busting comedy, and a side of tragedy. Conjure is the lighthearted macabre tale of a quirky

magician who must, with the help of the audience, bring back his loving, bumbling and dead assistant to perform the magic show of a lifetime! This is at Lone Tree Arts Center.

12:00 noon

Sun. Dec 28

\$45 (no meal)

Deadline: Fri. Dec 12

New Year's Eve Mystery

Ring in the New Year at Denver's Adams Mystery Playhouse! Start with "buy your own" beverages in the bar at 8:00 p.m. where suspicious characters will drop murder clues. At 8:30 p.m. enjoy dinner and an interactive murder mystery - *The Great Mustache Mystery*. The show is set in the 1970's at a ski resort and involves a mustache contest and a "cult of Techies" who are trying to introduce the idea of the computer. Someone ends up dead and you have to solve the crime. Meal includes: chicken in wine sauce w/rice or vegetarian 3-cheese lasagna, field salad, rolls, brownies/cream puffs, and coffee/tea. Ring in the New Year at midnight with champagne, party favors and music. Price includes van fee, show, meal, meal gratuity & tax, and champagne/favors. Audience is encouraged to wear crazy sweaters and/or mustaches.

7:15 pm

Wed. Dec 31

\$67 (plus bar beverages)

Deadline: Tues. Dec 2

**January Trips with
December Deadlines:****Smokey Joe's Cafe**

Welcome to the hottest joint in town - Smokey Joe's Café where the Coasters are headlining! This Grammy Award®-winning salute to songwriters Leiber & Stoller is a song and dance celebration of some of rock 'n' roll's greatest hits - like "Hound Dog," "Stand by Me," "Yakety Yak," "Love Potion #9," "Fools Fall in Love." The New York Daily News calls it "wildly infectious." Show is at the Union Colony in Greeley.

5:30 p.m.

Thur. Jan 8

\$50 (no meal)

Deadline: Wed. Dec 17

Dancing Pros: Live

The world's finest dancers battle it out live on the Buell Theater stage and the audience picks the winner. *Dancing Pros: Live* – hosted by Alan Thicke is an unforgettable live competition show created by "Dancing with the Stars" pros – Edyta Sliwinska and Alec Mazo. In *Dancing Pros: Live*, dance champions from around the globe dance off against each other. Using electronic voting remotes, audience members will vote for their favorite couple! This show will dazzle you with a glamorous set, fantastic costumes, group numbers, and unbelievable dance moves! No meal.

12:30 p.m.

Sat. Jan 24

\$36 (no meal)

Deadline: Fri. Dec 12

**Registration for
ALL CLASSES
begins Fri. Oct 31.
Sign up by the deadline
or the class may be
cancelled. Please don't
wait until the first class -
it may be too late!**

AARP Smart Driver

AARP has developed a new and improved driving refresher course of safe driving practices and the rules of the road. Be a safer driver by knowing how to safely share the road with others and reduce the likelihood of having a crash. Most insurance companies offer a discount when completing the course.

12:30 - 5:00 pm

Wed. Nov 19

\$15 - AARP member

\$20 - Non-member

Deadline: Mon. Nov 17

Candy Making

Just in time for the holidays, make your own chocolate candy to give as a gift or save for yourself. Jo Overall will teach you in one class how to make delicious chocolate candy using everyday ingredients. Make light and white chocolates, peanut chocolates, suckers, haystacks and turtles. All supplies and ingredients are included in the price. Class held in the EVAC kitchen.

1:30 - 3:30 p.m.

Tues. Nov 18

\$15

Deadline: Fri. Nov 14

Ceramics

Get ready for the holidays! Create beautiful gift items or seasonally themed ceramic pieces using some new and fun painting/glazing techniques. Class fee covers paints, special mediums, brushes, and instruction by Catherine Stuart. The bisque items you want to paint as well as firing costs (if applicable) are an additional fee. Prices vary and are paid to the instructor.

1:00 - 3:00 p.m.

Mondays

\$20 (4 wks) plus bisque
& firing

Session I: Nov 3 - 24

Deadline: Fri. Oct 31

Session II: Dec 1 - 22

Deadline: Wed. Nov 26

Crochet - Woven Stitch

The woven crochet stitch is an easy stitch that produces a fabric that is sturdy with a nice texture. Crochet project made in class is a placemat. Instructor is Naomi Morrow. Supply list available at registration.

9:00 a.m.

Thurs. Nov 6

\$5

Deadline: Tues. Nov 4



Crochet - Tunisian Crochet

Tunisian Crochet is a fabulous way of mixing crocheting and knitting. It's a back and forth motion of taking stitches on and off the hook without turning. And don't worry if the "knitting" part scares you - you don't need to know a thing about knitting to do this. You will finish a hot pad holder in class. Instructor is Naomi Morrow. Supply list available at registration.

9:00 - 11:00 a.m.

Thurs. Nov 13

\$5

Deadline: Mon. Nov 10

Crochet - Holiday Ornaments

Use your love of crochet to make some beautiful holiday ornaments for your holiday tree or to give as gifts. You will be learning how to make a festive holiday star. Instructor is Naomi Morrow. Supply list available at registration.

9:00 - 11:00 a.m.

Thurs. Dec 4

\$5

Deadline: Tues. Dec 2

Crochet - Wreath Decoration

Learn how to create a beautiful holiday wreath decoration for your home. Supply list available at registration. Instructor: Naomi Morrow.

9:00 a.m.

Thurs. Dec 11

\$5

Deadline: Tues. Dec 9

Craft Time

We are providing time and space for participants who enjoy any dry craft hobby such as Japanese bunka, tatting, knitting, crocheting, beading, and jewelry making. No instructors. DRY crafts only. You must register and pay the one-time \$4 fee – no matter when you join.

10:00 – 11:00 a.m.

Mondays

Nov 3 – Dec 29

\$4

Exercise

Keep moving to keep warm! Lois Burrell leads this “stretch & get moving” exercise class for people of all fitness levels. Exercises are done standing or seated depending on your abilities. Drop-in class.

No class Nov 28 & Dec 24.

10:00 – 11:00 a.m.

Nov 3 – Dec 31

Mon/Wed/Fri

\$1 per class

Fit Ball Class

Fit Balls are a great, SAFE way for seniors to improve balance, flexibility and core strength. Instructor Tanice Kitchener is a physical therapist from PVMC. All fitness levels welcome.

10:30 - 11:30 a.m.

Thursdays

\$15 (3 wks)

Session I: Nov 6 - 20

Deadline: Wed. Nov 5

Session II: Dec 4 - 18

Deadline: Wed. Dec 3

Genealogy - Discovering Your Roots

Learn how to find your ancestors and record the information using the computer and other resources. Facilitator Sheryl Johnson will show you free and “for a fee” websites to help search your family tree. Class limited to 3 people on our EVAC computers. Additional students can bring a laptop or I-device with wireless capabilities and a flash drive to use in class. Some computer ability necessary. No class Nov. 28.

9:00 – 10:30 a.m.

Fridays

Nov 7 – Dec 19

\$8 (6 wks)

Deadline: Thurs. Nov 6

History - Effects of WWI & WWII on the World

We will be studying the effects of WWI and WWII not only on the United States, but also how these wars changed the world. Long-time history teacher, Bob Ellis, will provide facts to stimulate conversational learning. Participants will be able to share pieces of their personal history through guided discussion. Don't wait until the first day of class to register as this class does fill up!

10:00 – 11:00 a.m.

Mondays

Nov 17– Dec 22

\$3 (6 wks)

Deadline: Thurs. Nov 6

Room: Nyholt Room

Greeting Cards

Ella Hastman will teach you how to make amazing greeting cards using a variety of materials - ink stamps, colored paper, old cards, and die cuts. At least two cards completed per class. Instructor furnishes all supplies.

9:30 – 11:30 a.m.

Fridays

Nov 7 & 21, Dec 5 & 19

\$5 per class

Deadline: Wed. before

Japanese Bunka Embroidery

Bunka is the art of “punching” embroidery thread through stretched fabric with a special tool. Supplies and kits available for purchase from instructor, Donna Heneger. We reserve three spaces for beginners.

10:00 a.m. – 12:00 noon

Wednesdays

Nov 5 – Dec 17

\$35 (7 wks)

Deadline: Tues. Nov 4

Line Dance – Beginning

This class is for those who are new to line dancing. Instructor Judy Yamakishi will teach you basic dance steps. You will then learn 1 or 2 dances per class depending on the group. There will be lots of repetition.

8:30 – 9:25 a.m.

Fridays

\$15 (3 wks)

Session I: Nov 7 – 21

Deadline: Thurs. Nov 6

Session II: Dec 5 - 19

Deadline: Thurs. Dec 4

Line Dance - Intermediate

Line Dancing is great exercise and fun too! You will learn the newest line dance routines. This is for experienced line dancers.

9:30 - 10:30 a.m.

Fridays

\$15 (3 wks)

Session I: Nov 7 - 21

Deadline: Thurs. Nov 6

Session II: Dec 5 - 19

Deadline: Thurs. Dec 4

Oil Painting

Instructor Judy Schissler welcomes beginning and veteran artists into oil painting class. Veteran painters work on their choice of paintings, with Judy helping with trouble spots. Beginners will choose from a selected choice of pictures to paint. Four slots reserved for beginners to allow for adequate instruction time. Tell us at registration if you are a beginner (a new painter and/or need extensive instruction.) **New painters: Get a supplies handout at registration** that tells you what to bring to the first class, what you can purchase from the instructor, and what you can borrow temporarily. No class Nov 11.

9:30 - 11:30 a.m. class

1:00 - 3:00 p.m. class

Tuesdays

\$10 (per session/time slot)

Session I: Nov 4 - 25

Deadline: Mon. Nov 3

Session II: Dec 2 - 23

Deadline: Mon. Dec 1

Quilting Beginning – Centerpiece Mats & Baby Blankets

Tis' the season! First we will be making table mats to set centerpieces on for the holidays. When those are completed, we will make quilted baby blankets to donate to the Brighton Police to give away to families in need. Supply list and patterns will be available the first day of class. If you have never quilted before, please talk to instructor, Teri Hendrickson, before purchasing any tools. You will need to bring a sewing machine to class. No class Nov 28.

1:00 - 3:00 p.m.

Fridays

Nov 7 - Dec 19

\$12 (6 wks)

Deadline: Thur. Nov 6

Quilting Intermediate – Charity Quilts

It's time for our annual project of making small quilts to aid in the Brighton Police gift give-away. We will be making quilts for both adults and children. So join us for this exciting project. On the last day of this class we will celebrate the holidays with our annual potluck and small gift exchange. We hope to see you there! Supply list available at registration. Instructor Shari Coren leads the group. No class Nov 27.

1:00 - 3:00 pm

Thursdays

Nov 6 - Dec 11

\$10 (5 wks)

Deadline: Tues. Nov 4

Readers Theatre

If you have always wanted to be a performer, Readers Theatre is for you! Memorization is not needed and being involved is great fun! Instructor is Dolly Garcia.

Bring a pencil, highlighter and a small black 3-ring binder to class.

No class on Nov 11 due to closure for Veterans Day. An alternate date to meet will be chosen by the group. Skit performances will be held Mon. Nov 24 & Dec 29 at 11:00 a.m. in the Nyholt Room.

1:30 - 2:30 p.m.

Tuesdays

\$3 session

Session I: Nov 4, 18 & TBA

Deadline: Mon. Nov 3

Session II: Dec 2 - 23

Deadline: Mon. Dec 1



Readers Theatre Performers

Tatting

Tatting creates a durable lace by handcrafting a series of knots and loops. Instructor Charlotte Jacobucci will teach you this craft. Registration for tatting includes registration in "Craft Time" for no additional charge.

9:15 – 9:45 a.m.

Mondays

Nov 3 – Dec 29

\$4

Deadline: Fri. Oct 31

Turkey Trot Training***By Request***

Intermediate level Nordic Walking practice to gain stamina and confidence to participate with the group in the Turkey Trot (see back page). Leader: Sarah Hoskin Clymer.

10:00 -11:15 a.m.

Tues. Nov 4 & Nov 18

Mon. Nov 10

\$23

Wood Carving

Learn to carve wood or work on an existing project with other carvers. Call Tony Dill 303-775-2256 to arrange free instruction. No class Nov 11.

8:00 – 10:00 a.m.

Tuesdays

25¢ per week

Yoga - Adaptive***By Request***

Learn how to strengthen your mind-body connection through adaptive yoga. Class is designed for people living with mobility impairments such as arthritis,

balance difficulties, muscular dystrophy or paralysis.

Postures are modified to accommodate your needs and to help you discover your capabilities. The benefits of yoga include: improved flexibility, strength, balance, better digestion, sleep and immune function. Class size will be limited to five people to ensure individualized attention by Karen Vizyak, physical therapist and certified yoga teacher. People in wheelchairs and walkers are especially encouraged to join. No class Nov 11.

9:00 – 10:00 am

Tuesdays

Session I: Nov 4 - 25

\$24 (3 wks)

Deadline: Mon. Nov 3

Session II: Dec 2 - 23

\$32 (4 wks)

Deadline: Mon. Dec 1

Yoga – All Levels

This class is designed for beginning and continuing yoga students. Some yoga experience is necessary. The class will be modified by instructor Carolyn Priola to accommodate various levels. No class Nov 27.

12:30 – 1:30 p.m.

Thursdays

\$15 (3 wks)

Session I: Nov 6 - 20

Deadline: Wed. Nov 5

Session II: Dec 4 - 18

Deadline: Wed. Dec 3

Yoga - Beginning

Are you curious about yoga but worried about taking a class?

Carolyn Priola teaches this basic class. It will focus on relaxation and breathing, as well as increased range of motion and improved flexibility. No class Nov 11.

10:15 – 11:15 a.m.

Tuesdays

\$20 (4 wks)

Session I: Nov 4 – 25 &
Dec 2

Deadline: Mon. Nov 3

Session II: Dec 9 – 30

Deadline: Fri. Dec 5

Yoga - Continuing

Improve your health and flexibility with this continuing yoga class for students who have been in yoga class before.

Instructor Carolyn Priola will focus on gentle yoga to increase flexibility, improve range of motion and reduce stress.

Participants should be comfortable getting onto floor.

No class Nov. 11.

9:00 – 10:00 a.m.

Tuesdays

\$20 (4 wks)

Session I: Nov 4 – 25 &
Dec 2

Deadline: Mon. Nov 3

Session II: Dec 9 – 30

Deadline: Fri. Dec 5

Senior Advisory Board

The purpose of the Advisory Board is to advise and assist in the needs and operations of Eagle View. The Board will meet Tues. Nov 18 & Dec 16 at 1:00 p.m. Members are: Chuck Phelps, Fran King, Dave Thomas, Peggy Jarrett, Dan Buckner, Lois Burrell, Jane Talbot, Bill Alsdorf, Dave Jacovetta, Heidi Storz, Judy Schissler, and Richard Villalva. JW Edwards is the City Council representative. Visitors are always welcome.

Friends Program Fund

The Senior Advisory Board has established a scholarship fund. The Friends Program Fund provides financial assistance to older adults with limited financial resources to participate in programs sponsored by Eagle View Adult Center. The simple application form is available at the front desk. Application must be approved PRIOR to registering for the event. Donations to the fund are appreciated.

Charitable Contributions

Together we can continue to enhance the great programs and services offered for seniors and active adults in the Brighton area. Your financial support will be recognized on the donor wall at Eagle View. All donations are tax deductible. Make donations payable to: Brighton United Senior Citizens, 1150 Prairie Center Parkway, Brighton, CO 80601.

Donor Opportunities for Wall Recognition:

Friend: \$100 - \$499

Memorial: \$100+

Sponsor: \$500 - \$999

Benefactor: \$1000+

Cancellations Due to Weather

In the occurrence of bad weather, the decision to cancel a class, trip or event will be made by the staff upon the recommendation of the instructor or driver. Trip and class participants will be called if the decision is made to cancel. Watch TV news for VOA lunch cancellations. The decision to close the Center will be made by the City Manager.

Trip and Activity Policies

- Anyone 55 years of age or older is welcome to participate in activities and programs.
- Programs are open to adults, age 40 and above, space permitting. Trips are on a wait-list basis.
- Payment is due at registration. Cash and checks only. Keep your receipt.
- The Center reserves the right to cancel any activity if minimum registration is not met.

Refund Policy for Cancellations:

If the CENTER cancels the activity/trip:

Full refunds will be given.

If YOU cancel BEFORE the deadline date:

Refund of cost, minus a \$4 cancellation fee.

If activity charge is \$4 or less, NO refund is given.

Allow one week to process refunds.

If YOU cancel AFTER the deadline date:

NO REFUND IS GIVEN unless we can sell your spot. If you are unable to go on a ticketed trip, **DO NOT** sell or give your space to someone else before checking with Eagle View to see if there is a waiting list. If there is NO wait list, you may give away or sell your trip space after telling the Center **BEFORE** the trip - 1 day notice preferred.

Outreach & Referral

Do you need help and don't know where to turn? Ernie Marquez will assist you with completing forms, help you find needed services, make home visits to assist homebound people, and more!

Call 303-655-2079 for an appointment.

NO appointments after 3:00 p.m.

Transportation

VIA provides specialized transportation within the City of Brighton. Rides for medical appointments, grocery shopping and to Eagle View are just a few of the places you can go. Call 303-447-2848 x1014 for more info; to schedule rides, call 303-447-9636.

Call-n-Ride - The green bus is an RTD service. Call 303-994-3549 to make a reservation. The driver will pick up and deliver you anywhere within Brighton, Mon - Fri, 6:00 a.m. - 7:00 p.m. Cost is the local RTD bus fare.

Don't Miss This!

Nordic Walking – Turkey Trot 5-K

Last year a small but mighty group of Nordic Walkers participated in Brighton's Turkey Trot. They had so much fun that we are asking all senior walkers to join them at the 30th Annual Turkey Trot – billed as the flattest 5-K race in Colorado! Join and meet up as a group but walk/run at your pace during the race. Nordic walkers will start at the rear of the race so the crowd is in front of you! It's all about fun and raising money for Eagle View! Fee Includes: T-shirt, breakfast burrito, and entry to prize drawings. Awards given to 1st, 2nd, & 3rd place finishers in each age and gender category for walkers and runners. After the race visit with vendors and there's a chance to win prizes! Registration forms at the EVAC or Recreation Center front desk. Turn your form and money into Donna at Eagle View by Friday, Nov 14 so we can coordinate our group.

Dress warm and have fun!

Sat. Nov 22

7:30 am - Check-in (Gym)

8:30 am - Race begins

Brighton Recreation Center, 555 N. 11th Ave.

Fee: \$17

Deadline: Friday, Nov 14 for EVAC team



Angel Tree

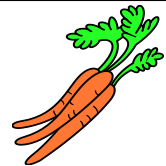
Be an angel during the holiday season. Starting Tues. Nov 25, take a gift tag off the Angel Tree, purchase the requested gift for a local nursing home resident and return the wrapped gift by the deadline date. Can't shop? Then the "Angels" will shop for you. Just pick out the gift tag of your choice, make a check payable to "Harmony Angels" and put both in an envelope. Gifts and checks are to be returned to the Eagle View Adult Center no later than Tues. Dec 9.

Nov 25 – Dec 9

\$10 – \$15 gift purchase

**Interested in being a
volunteer driver / escort
for our trip program? See
Sue or Donna for details!!**

Thank You Gardeners!!
5700 servings of produce were donated to
EVAC this last summer.
That is about 1425 pounds of produce.



1150 Prairie Center Parkway, Brighton, CO 80601

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